



Assessing Trail Conditions: A Sampling of the Appalachian Trail

J. David Reus

Recreation Projects Coordinator

Appalachian Trail Park Office

Max Patch,
North Carolina



QUICK FACTS

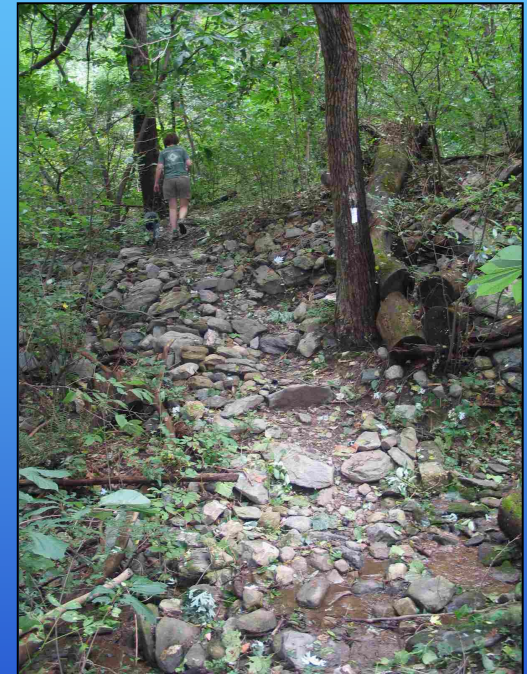
- A.T. proposed by Benton MacKaye as a “project in regional planning” in 1921
- Designated as first national scenic trail in the National Trails System Act in 1968
- An estimated 3 to 4 million visitors hike a portion of the trail each year
- Day-to-day management has been formally delegated to the Appalachian Trail Conference and Maintaining Clubs
- Maintenance of the trail and trail facilities is performed by volunteers
- Complex multi-jurisdictional cooperative management and maintenance system





WHAT IS A TRAIL ASSESSMENT?

- A process to inventory trail assets, determine their condition, and develop plans for correcting any identified deficiencies
- Conducted on regular cycle
- Provides information for project planning, prioritizing, and budgeting
- It is a cooperative system involving all partners



Typical Treadway





EVOLUTION OF THE TRAIL ASSESSMENT

- Prior to 1987, each individual maintaining club may or may not have conducted a formal assessment
- No standardized system or terminology
- Collection cycles varied
- Information not available centrally to management staff



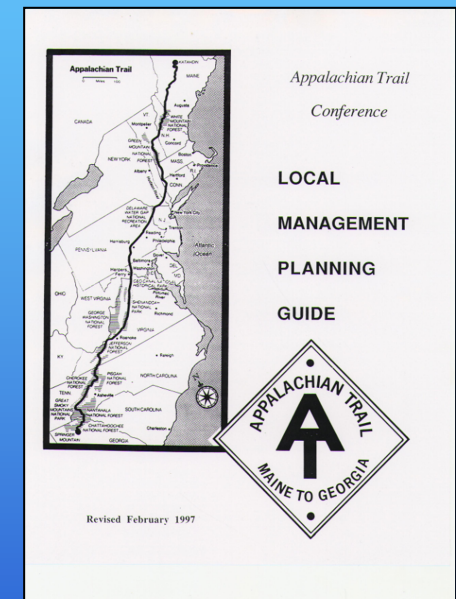
Early Assessment





FORMAL TRAIL ASSESSMENT

- In 1987, the Appalachian Trail Conference developed a formal Trail Assessment process
- A standard form and accompanying manual were deployed across the entire A.T.
- Information was collected on paper in the field and entered into a centralized database
- Assessments completed every 5 years (20% of the A.T. per year)



Assessment Guide





REVISED TRAIL ASSESSMENT

- In 2002, a revision of the process was begun to meet the emerging needs of agency mandates, primarily the NPS Facility Management Software System (FMSS), but also USDA Forest Service Infrastructure Application (INFRA)
- Advances in GPS technology and integration with developing GIS data were incorporated into the process



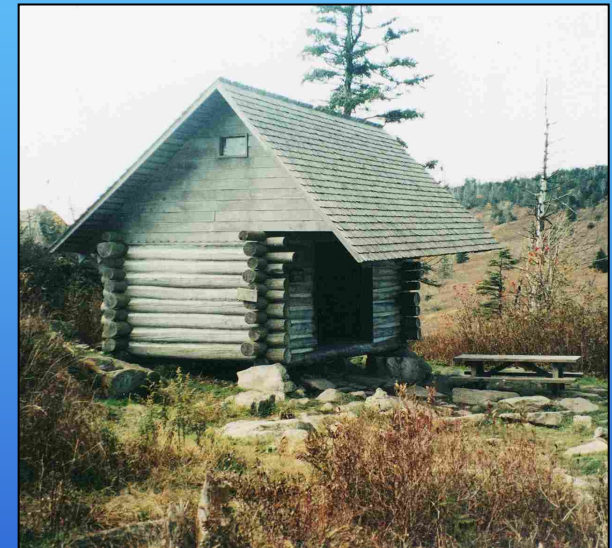
Comparing GPS Units





FMSS INITIATIVE

- A.T. required to inventory and assess 100% of assets and calculate total deferred maintenance by September 30, 2004
- Primary Asset is the Trail itself (divided into 81 separate assets based on management jurisdictions)
- Other assets include shelters, privies, campsites, parking lots, trail bridges, buildings, corridor lands, and dams - more than 1,000 total assets



Typical Shelter Asset





CHALLENGES

- A.T. is 2,170 miles long
- Stretches across 14 states, 15 Federal lands units, and 67 State Owned Public Land Units
- No Facility Maintenance Staff
- Limited Appalachian Trail Conference Staff Time to Support Initiative
- Decentralized Maintenance Activities
- Tight Time Line for Completion



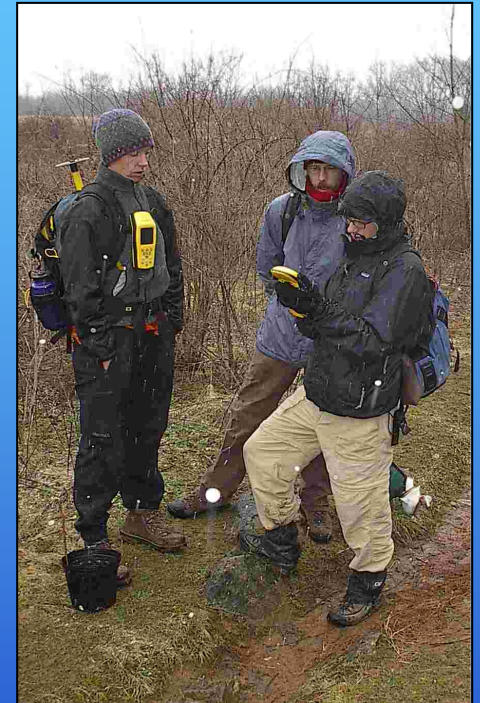
Volunteer Maintainer





OPTIONS

- **Don't Do It.**
- **Hire Team(s) or Recruit Volunteers to Complete the Condition Assessment by Hiking the Entire Trail**
- **Rely on Individual Clubs to Submit Assessments for their Sections**
- **Redirect Staff Resources to Focus Entirely on Assessments**
- **Use A Sampling Methodology to Generate Total Deficiencies**



Sampling





SAMPLING RULES

- Need Sufficient Number of Samples
- Need Sufficient Sample Size
- Sample Sections Must be Same Length
- Samples are Representative of Total Mileage
- Sample Must be Random

"There are three kinds of lies: lies, damn lies, and statistics."

Benjamin Disraeli





SAMPLING METHODOLOGY

- **Commitment to Assess 20% of the Trail in the Field**
- **Number of Samples to Achieve Statistical Significance**
- **Sample Length**
- **Sample Stratified to be Representative of Different Trail Conditions (based on ATC Regions and EPA EcoRegions level III)**

**20% X 2,000 miles
= 400 miles**

80 Samples

**400 miles/80 samples
= 5 mile samples**

**4 Regions/80
samples = 20
samples per region**





SAMPLING METHODOLOGY

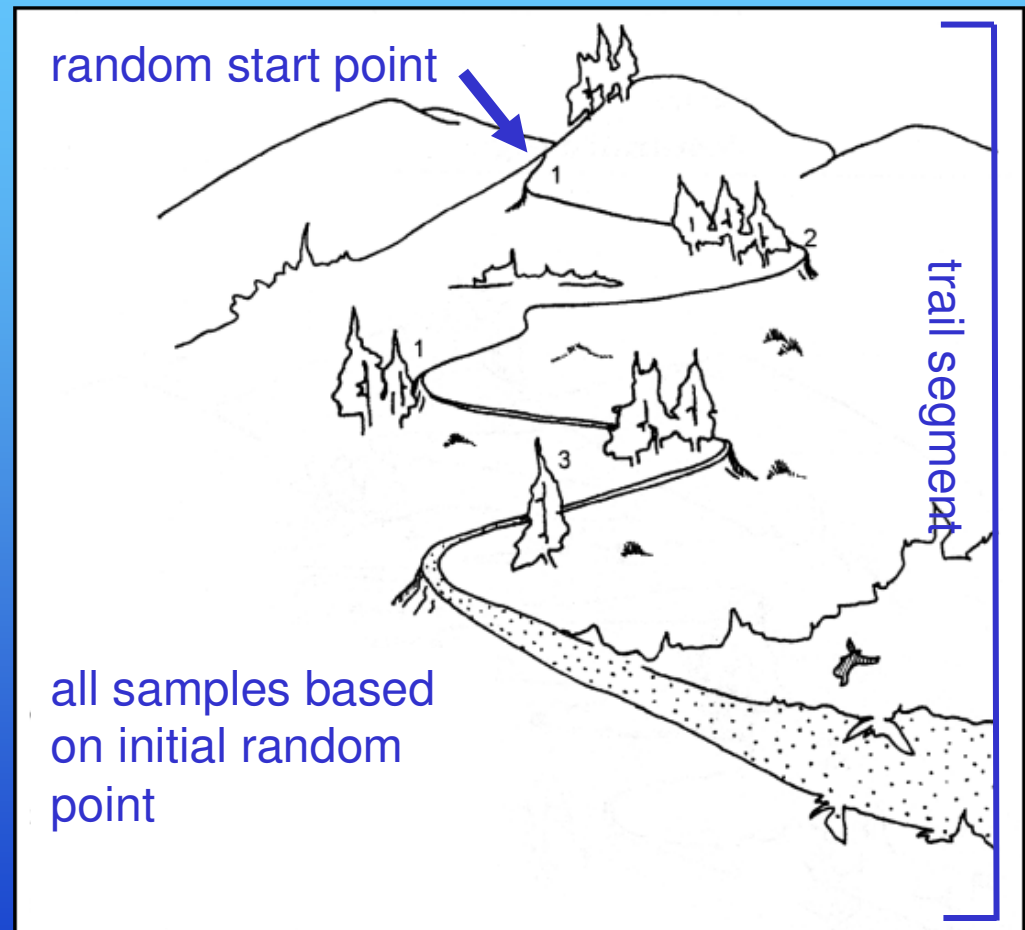
- Random Factor Introduced by Randomly Selecting the Start Point for the first Sample Section in Each Region
- Randomly Selecting the Starting Point Ensures that any Section has an Equal Chance of Being Selected as a Sample
- Each Subsequent Sample Section Begins at Equally Spaced Intervals





SAMPLING METHODOLOGY

- The Random Start Point is Based on Sampling Methods Used to Assess Other Linear Resources Such as Roads and Rivers





EXAMPLE SAMPLING

- **Interval Between Regional Sample Points:**
- **Random Start Point was Generated at:**
- **Randomly Generated Southern Start Point:**
- **First Sample Section:**
- **Second Sample Section:**

**southern region:
464.2 miles/20 samples
= 23.2 mile interval
between each 5 mile
sample**

WWW.RANDOM.ORG

**random integer
between 1 and 23.2
was selected = 4**

mile 4 to mile 9

**mile 4 + 23.2 mile
interval = mile 27.2**





EXAMPLE SAMPLING

- 20 Samples generated

- 5 Miles each sample

- 23.2 Miles between each sample

- Representative of all 464.2 miles in the region

SOUTHERN SAMPLES	Start	Finish	Start Name	Start Mileage	Finish
Sample #1	4	9	Virginia-Tennessee Line	3.5	Abington Ga
Sample #2	27.2	32.2	Turkey Pen Gap	27.6	Vandevente
Sample #3	50.4	55.4	Dennis Cove, USFS 50	50.4	Moreland Ga
Sample #4	73.6	78.6	19E, Roan Mtn/Elk Park	71.9	Hump Moun
Sample #5	96.8	101.8	Iron Mountian Gap (NC 226/TN1070	99.4	USFS 230
Sample #6	120	125	Nolichucky River	118.5	No Business
Sample #7	143.2	148.2	Sams Gap, US 23	143	Rector Lauri
Sample #8	166.4	171.4	Little Laurel Shelter	166.7	Allen Gap, M
Sample #9	189.6	194.6	Deer Park Mountain Shelter	189.6	Lemon Gap,
Sample #10	212.8	217.8	Deep Gap	212.6	Waterville S
Sample #11	236	241	Tri-Corner Knob Shelter	237.9	Pecks Corne
Sample #12	259.2	264.2	Mt. Collins Shelter	258	Double Spri
Sample #13	282.4	287.4	Mollies Ridge Shelter	283.2	Birch Spring
Sample #14	305.6	310.6	Cody Gap	10.6	Stecoah Ga
Sample #15	328.8	333.8	Tellico Gap, NC 1365	37.3	Burningtowr
Sample #16	352	357	Wallace Gap	59.8	Big Spring S
Sample #17	375.2	380.2	Deep Gap, USFS 71	81.1	Sassafras G
Sample #18	398.4	403.4	Tray Mountain Shelter	107.3	Unicoi Gap,
Sample #19	421.6	426.6	Tesnatee Gap, GA 348	127.3	Neels Gap,
Sample #20	444.8	449.8	Cooper Gap, USFS 42/80	151.9	Logging Ro





CALCULATING THE DIFFERED MAINTENANCE

- Once All the Sample Sections have been Assessed in Each Region, the Deficiencies are Extrapolated to the Remaining Mileage in that Region:
- The Extrapolated Total Deficiencies are used to Calculate the Total Deferred Maintenance in Each Region
- The 4 Regional Totals Make up the Entire Differed Maintenance for the A.T. Treadway

100 miles extrapolated
to entire region



Deferred maintenance
costs calculated based
on extrapolated
deficiencies



all regions combined to
generate total deferred
maintenance





PROS

- Reduced Staff Time in the Field
- Accurate Field Assessment for 20% of the Trail
- Provides Baseline Data for Future Assessments
- High Level of Confidence in Extrapolated Deferred Maintenance Totals



CONS

- Extrapolated Data is Not Sufficient for Planning Specific Projects
- Must be Supplemented with Field Data
- Random Factor Presents Logistical Problems



ASSESSING THE APPALACHIAN TRAIL

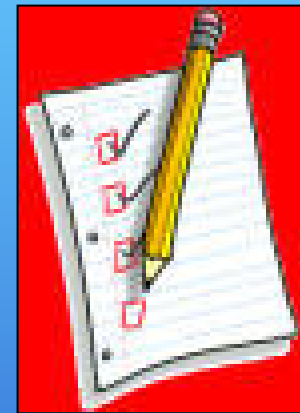
- **Easy to Conduct**
- **Accurate Information**
- **Standardized Data**
- **Consistent Assessments**
- **Efficient Data Collection**
- **Effective Data Management**
- **Useful Management Information**





OPTIONS

- Remember All the Deficiencies
- Note Deficiencies Using a “Dot Tally” Sheet
- Record Deficiencies with a Data Collection Sheet or a Dictaphone and Note Mileage Points with a Wheel
- Use GPS to collect Locations and Note Deficiencies at those points with a Data Collection Sheet or PDA
- Use an Integrated GPS Unit – With Data Dictionary Capability



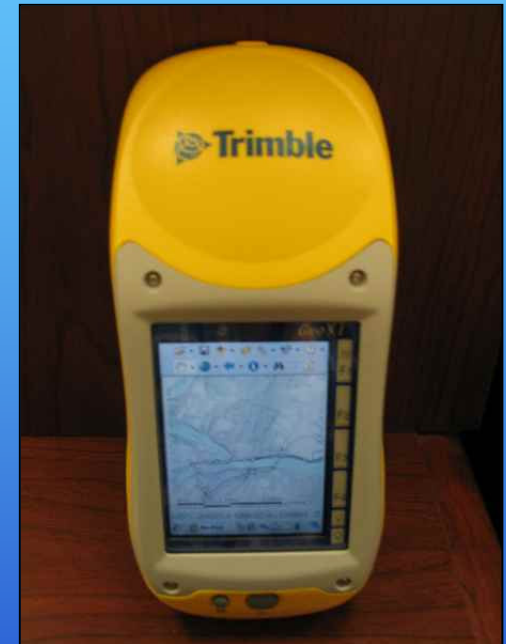
GPS –
Good Pencil System





GPS + DATA DICTIONARY

- Records Accurate Geographical Location
- Incorporates Standard Data Dictionary
- Integrated Design – No Cords
- Transfer Data Directly to GIS or Other Database
- Easy to Use (once you get the hang of it!)



Trimble Geo XT





DATA COLLECTION

- “Data Dictionary”
Standardizes Data
Collection Entries
- Menus are Used to Speed
Data Collection and to
Ensure Consistency
- Can be Designed to
Capture Both Inventory
and/or Deficiency Data
- Information is Entered Into
the Data Dictionary as the
GPS Records the Location

File: R022709A Create

Choose Feature:

Type	Feature Name
	Tread Line Problem
×	Tread Point Problem
×	Shelter
×	Toilet
×	Campsite
	OvernightSite Trail
×	Overnight Site
×	Parking Lot
	Other Side Trail
×	Sign
×	Water Feature
×	Vista-Open Area
×	Reference Point
×	Shelter Problem
×	Toilet Problem
×	Campsite Problem
×	OS Problem
×	ParkingLot Problem
×	Bridge Problem
×	Other
×	Point_generic
	Line_generic
	Area_generic

Trimble TerraSync





DATA DICTIONARY

Name: AT Version 9d		
Comment: AT Inventory & Assessment		
Features:	Attributes:	Menu
<input checked="" type="checkbox"/> Tread Line Problem	<input checked="" type="checkbox"/> Deficiency	Drainage
<input checked="" type="checkbox"/> Tread Point Problem	<input checked="" type="checkbox"/> Action	Erosion
<input checked="" type="checkbox"/> Shelter	<input checked="" type="checkbox"/> Item	Trail Location
<input checked="" type="checkbox"/> Toilet	123 Quantity	Trail Structure
<input checked="" type="checkbox"/> Campsite	<input checked="" type="checkbox"/> Units	Other
<input checked="" type="checkbox"/> OvernightSite Trail	<input checked="" type="checkbox"/> Materials_Needed	Primitive Ethics
<input checked="" type="checkbox"/> Overnight Site	Abo Import_Mat_List	
<input checked="" type="checkbox"/> Parking Lot	Abo Project Description	
<input checked="" type="checkbox"/> Other Side Trail	123 Person Days	
<input checked="" type="checkbox"/> Sign	<input checked="" type="checkbox"/> Trail Crew?	
<input checked="" type="checkbox"/> Water Feature	<input checked="" type="checkbox"/> Evaluation Code	
<input checked="" type="checkbox"/> Vista-Open Area	<input checked="" type="checkbox"/> Status	
<input checked="" type="checkbox"/> Reference Point	<input checked="" type="checkbox"/> Lead Coordinator	
<input checked="" type="checkbox"/> Shelter Problem	Abo Comments	
<input checked="" type="checkbox"/> Toilet Problem		
<input checked="" type="checkbox"/> Campsite Problem		
<input checked="" type="checkbox"/> OS Problem		
<input checked="" type="checkbox"/> ParkingLot Problem		
<input checked="" type="checkbox"/> Bridge Problem		
<input checked="" type="checkbox"/> Other		





DATA DICTIONARY

Name: AT Version 9d		
Comment: AT Inventory & Assessment		
Features:	Attributes:	Menu
<input checked="" type="checkbox"/> Tread Line Problem	<input checked="" type="checkbox"/> Deficiency	Build/Add
<input checked="" type="checkbox"/> Tread Point Problem	<input checked="" type="checkbox"/> Action	Repair
<input checked="" type="checkbox"/> Shelter	<input checked="" type="checkbox"/> Item	Remove
<input checked="" type="checkbox"/> Toilet	123 Quantity	Other
<input checked="" type="checkbox"/> Campsite	<input checked="" type="checkbox"/> Units	
<input checked="" type="checkbox"/> OvernightSite Trail	<input checked="" type="checkbox"/> Materials_Needed	
<input checked="" type="checkbox"/> Overnight Site	Abo Import_Mat_List	
<input checked="" type="checkbox"/> Parking Lot	Abo Project Description	
<input checked="" type="checkbox"/> Other Side Trail	123 Person Days	
<input checked="" type="checkbox"/> Sign	<input checked="" type="checkbox"/> Trail Crew?	
<input checked="" type="checkbox"/> Water Feature	<input checked="" type="checkbox"/> Evaluation Code	
<input checked="" type="checkbox"/> Vista-Open Area	<input checked="" type="checkbox"/> Status	
<input checked="" type="checkbox"/> Reference Point	<input checked="" type="checkbox"/> Lead Coordinator	
<input checked="" type="checkbox"/> Shelter Problem	Abo Comments	
<input checked="" type="checkbox"/> Toilet Problem		
<input checked="" type="checkbox"/> Campsite Problem		
<input checked="" type="checkbox"/> OS Problem		
<input checked="" type="checkbox"/> ParkingLot Problem		
<input checked="" type="checkbox"/> Bridge Problem		
<input checked="" type="checkbox"/> Other		





DATA DICTIONARY

Name: AT Version 9d		
Comment: AT Inventory & Assessment		
Features:	Attributes:	Menu
<input checked="" type="checkbox"/> Tread Line Problem	<input checked="" type="checkbox"/> Deficiency	Rock Water Bar -each
<input checked="" type="checkbox"/> Tread Point Problem	<input checked="" type="checkbox"/> Action	Log Water Bar -each
<input checked="" type="checkbox"/> Shelter	<input checked="" type="checkbox"/> Item	Rock Check Dam -each
<input checked="" type="checkbox"/> Toilet	123 Quantity	Log Check Dam -each
<input checked="" type="checkbox"/> Campsite	<input checked="" type="checkbox"/> Units	Rock Step -each
<input checked="" type="checkbox"/> OvernightSite Trail	<input checked="" type="checkbox"/> Materials_Needed	Log Step -each
<input checked="" type="checkbox"/> Overnight Site	Abs Import_Mat_List	Rock Drain -each
<input checked="" type="checkbox"/> Parking Lot	Abs Project Description	Drainage Dips -each
<input checked="" type="checkbox"/> Other Side Trail	123 Person Days	Drainage Ditch -lf
<input checked="" type="checkbox"/> Sign	<input checked="" type="checkbox"/> Trail Crew?	Sidehill -lf
<input checked="" type="checkbox"/> Water Feature	<input checked="" type="checkbox"/> Evaluation Code	Crush and Fill -sf
<input checked="" type="checkbox"/> Vista-Open Area	<input checked="" type="checkbox"/> Status	Scree -sf
<input checked="" type="checkbox"/> Reference Point	<input checked="" type="checkbox"/> Lead Coordinator	Tread Definition -lf
<input checked="" type="checkbox"/> Shelter Problem	Abs Comments	Turnpike -lf
<input checked="" type="checkbox"/> Toilet Problem		Junk Crib -sf
<input checked="" type="checkbox"/> Campsite Problem		Rock Crib -cf
<input checked="" type="checkbox"/> OS Problem		Log Crib -cf
<input checked="" type="checkbox"/> ParkingLot Problem		Punchon -lf
<input checked="" type="checkbox"/> Bridge Problem		Boardwalk -lf
<input checked="" type="checkbox"/> Other		...





PICTURES

- Digital Pictures Capture Inventory and Deficiencies
- Can be Referred to During Project Planning
- Can be linked directly to GPS points and integrated into a GIS
- Digital Pictures are Easy to Store and Organize





PROCESSING

- GPS Data and Pictures are Transferred to Computer
- GPS Location Data Must be Corrected to Increase Accuracy
- Feature Data Should be Edited to Correct Mistakes or Add Additional Information
- Information is Exported to Appropriate Format



Transferring Data





VIEWING THE DATA

Microsoft Excel - table1.dbf

File Edit View Insert Format Tools Data Window Help

Times New Roman 12 B I U

A1 DEFICIENCY

	A	B	C	D	E	F	G	H
1	DEFICIENCY	ACTION	ITEM	QUANTITY	UNITS	MATERIALS	PROJECT_DESCRIPTION	TRAIL CREW
2	Trail Structure	Repair	Stile -each	1	Each	2X4 LUMBER	BOTTOM STEP IS ROTTING-NEEDS TO BE REPLACED SO	No
3	Erosion	Build/Add	Log Water Bar	3	Each		NEED 3 WATER BARS - SUGGEST USING NATIVE MATER	No
4	Primitive Ethics	Build/Add	Sign -each	1	Each		REPLACE METAL POST WITH WOOD	No
5	Trail Structure	Build/Add	Blazes -each	1	Each	2X4 LUMBER	BOARD THAT BLAZE IS ON IS BROKEN AND DETACHED F	No
6	Drainage	Repair	Sidehill -lf	20	Linear Feet		REDUCE SIDEHILL OUTSLOPE	No
7	Trail Structure	Repair	Railing -lf	26	Linear Feet	2X4 LUMBER	RAILING IS LOOSE - NEEDS REPAIR	No

Microsoft Access - [table1 : Table]

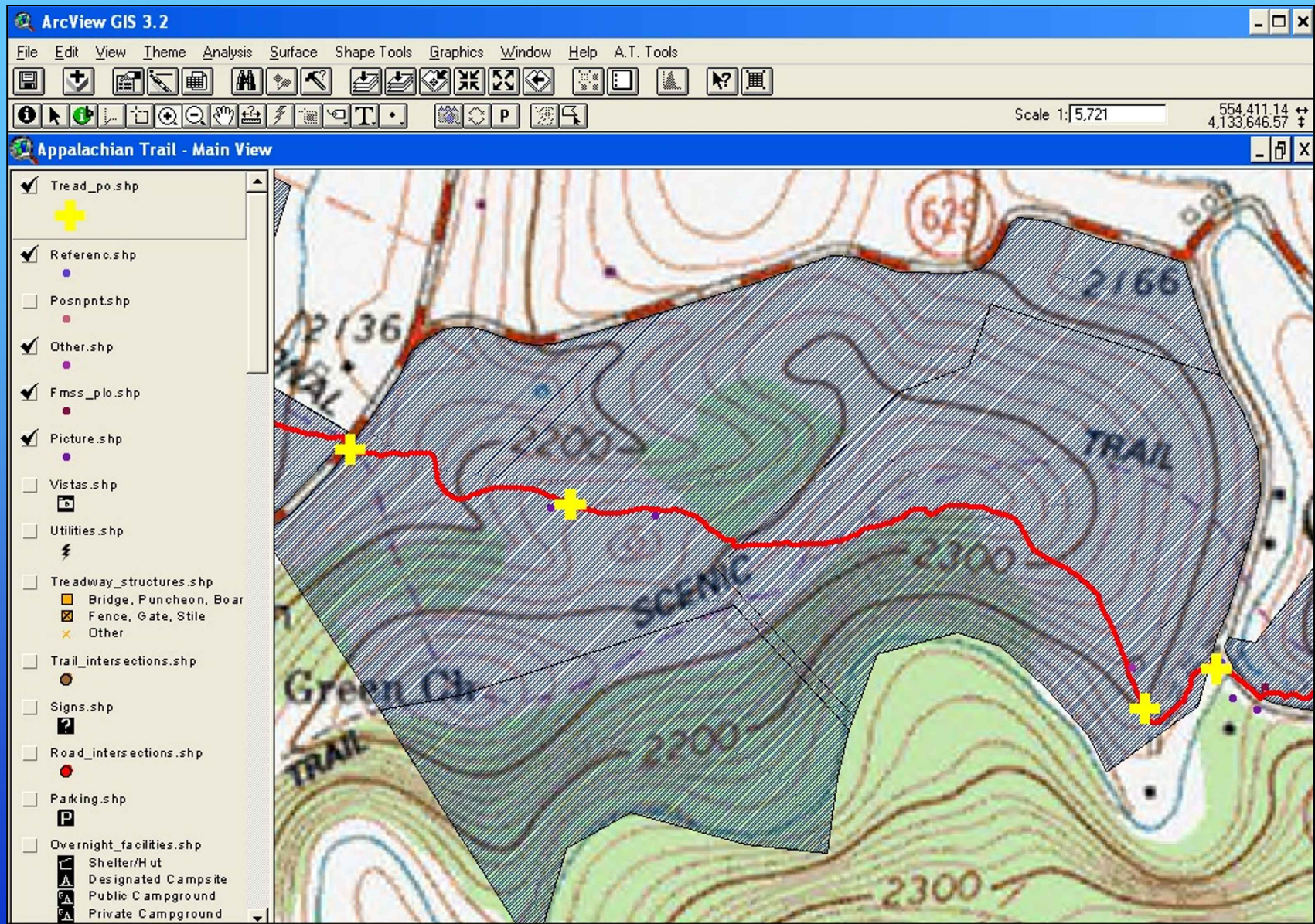
File Edit View Insert Format Records Tools Window Help

	DEFICIENCY	ACTION	ITEM	QUANTITY	UNITS	MATERIALS	PROJECT_DE	TRAIL_CREW
▶	Trail Structure	Repair	Stile -each	1	Each	2X4 LUMBER	BOTTOM STEP IS ROTTING-NEEDS TO BE REPLACED SOON	No
	Erosion	Build/Add	Log Water Bar -	3	Each		NEED 3 WATER BARS - SUGGEST USING NATIVE MATERIALS	No
	Primitive Ethics	Build/Add	Sign -each	1	Each		REPLACE METAL POST WITH WOOD	No
	Trail Structure	Build/Add	Blazes -each	1	Each	2X4 LUMBER	BOARD THAT BLAZE IS ON IS BROKEN AND DETACHED FROM	No
	Drainage	Repair	Sidehill -lf	20	Linear Feet		REDUCE SIDEHILL OUTSLOPE	No
	Trail Structure	Repair	Railing -lf	26	Linear Feet	2X4 LUMBER	RAILING IS LOOSE - NEEDS REPAIR	No
*								



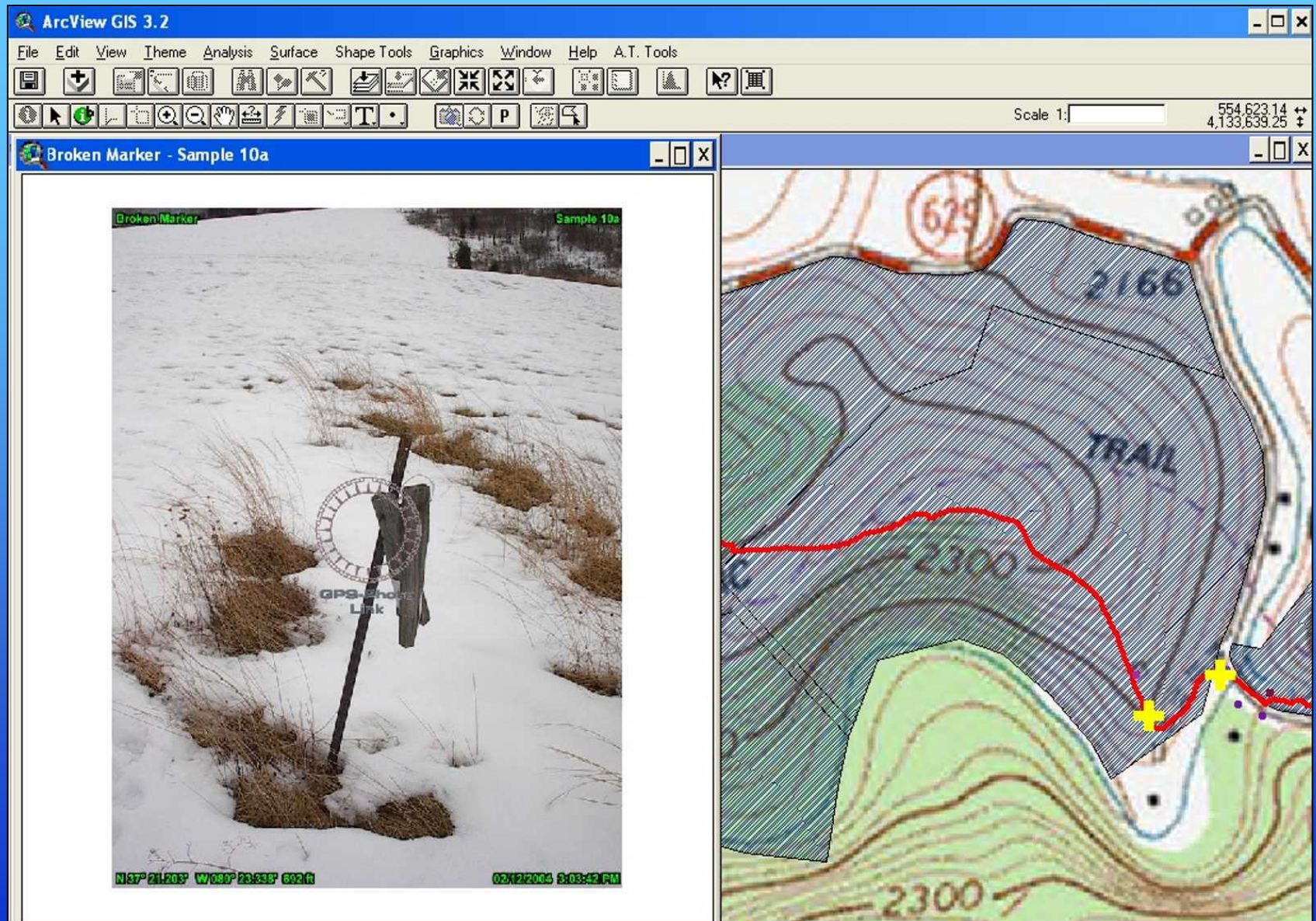


VIEWING THE DATA





VIEWING THE DATA

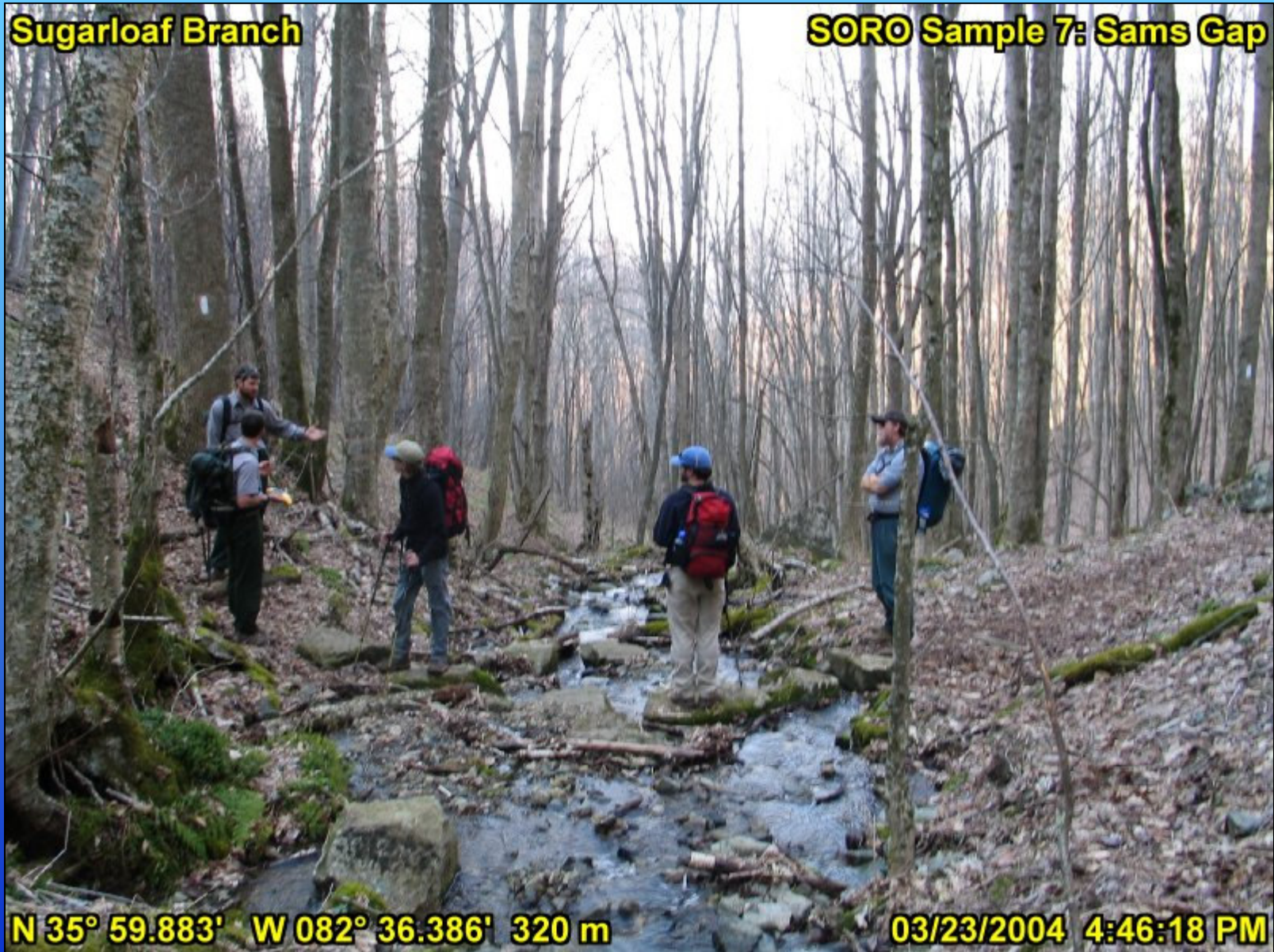




VIEWING THE DATA

Sugarloaf Branch

SORO Sample 7: Sams Gap



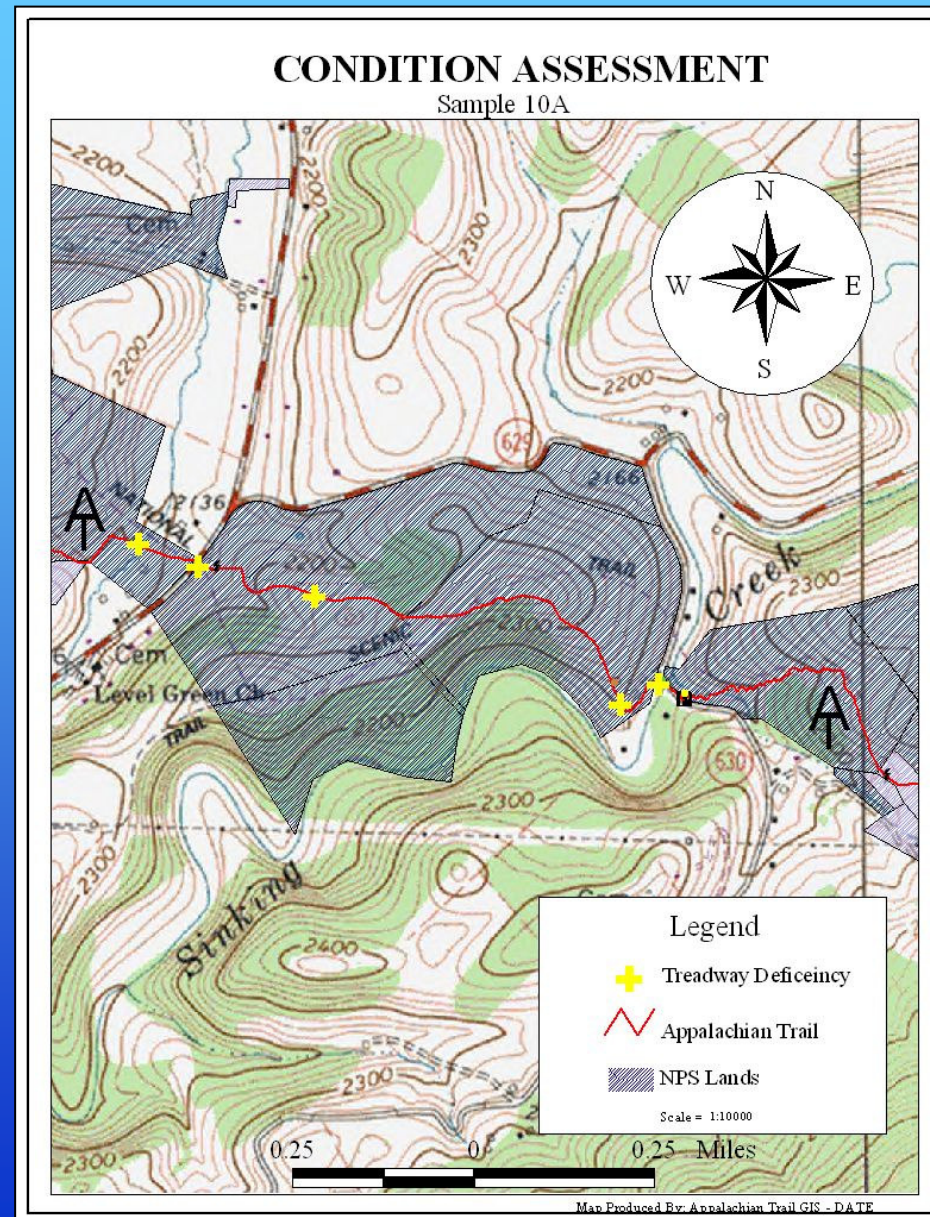
N 35° 59.883' W 082° 36.386' 320 m

03/23/2004 4:46:18 PM





VIEWING THE DATA





THE END



Katahdin,
Maine